



# Infertility eBook

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# 1 IN 8 COUPLES EXPERIENCE INFERTILITY

## OVERVIEW

Infertility is when you're not getting pregnant despite having carefully timed, unprotected sex for one year if under 30 and for more than 6 months, if you're over 30.

More common than you might think, more than 200,000 infertility cases are reported in the US each year.\*

The cause of infertility may be difficult to determine but may include inadequate levels of certain hormones in both men and women, and trouble with ovulation in women.

Usually self-diagnosable, the good news is that infertility is quite treatable by a medical professional and can be resolved within a few months.

A fertility specialist may want to order some tests like bloodwork or imaging before beginning a treatment plan. For more information about fertility tests, visit [MorganFertility.com](http://MorganFertility.com) or call our office to speak with a nurse.

When treatment begins, there are three types of treatment cycles you may undergo.

Note: One "Treatment Cycle" is about equal to one menstrual cycle..

\*American Society for  
Reproductive Medicine

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**STOP  
STRUGGLING**



If you're under 30 and trying for more than 12 months or over 30 trying for more than 6 months with no success, you should call for a consultation.

# TREATMENT OPTION: RELATIONS

Consultation: (732) 363-4777

## WHAT IS A RELATIONS CYCLE?

A Relations Treatment Cycle does not involve undergoing a procedure in our office in order to become pregnant. With or without the help of medications, we monitor your cycle until the optimal moment arrives for you and your partner to have sexual relations at home.

## WHAT'S INVOLVED?

We monitor your hormones and egg development through bloodwork and ultrasounds to determine the best possible time for you to have sexual relations in order to become pregnant. We may help the process along with oral or injectible medications.

## WHAT ARE MY CHANCES AT SUCCESS?

Among healthy, fertile women in their 20's there is a 20-25% chance of pregnancy each month. At 30, chances drop to 15% and by 35, the likelihood is less than 10% in a given month. Fertility issues, weight, lifestyle, age, and/or male partner factors all lower chances even more. But, the potential for monitoring and medications to help boost chances is significant.

## WHAT ABOUT INSURANCE?

Since there are only two parts to Relations Treatment Cycles (monitoring and medications), there is little footwork to be done regarding insurance. Our nursing staff will order your first round of medications. You'll handle ordering refills as necessary.

Increase chances of getting pregnant on your own  
with just a little expert help.

# TREATMENT OPTION: IUI

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## WHAT IS INTRAUTERINE INSEMINATION (IUI)?

IUI is an office procedure in which prepared sperm cells are placed directly into the cervix or uterus to produce pregnancy. Also known as artificial insemination, it can be done with or without ovarian stimulation medications. It's fairly simple with little to no pain at all.

## WHAT'S INVOLVED?

First, we wash a semen sample to remove anything that won't get you pregnant. Then a catheter is used to insert the sperm directly into the uterus. From start to finish, an IUI takes only a few minutes and involves minimal discomfort. It may be repeated the next day.

## WHAT ARE MY CHANCES AT SUCCESS?

If an IUI procedure is performed each month, success rates may reach as high as 20% per cycle. While IUI is a less invasive and less expensive option, pregnancy rates from IUI are lower than those from IVF.

## WHAT ABOUT INSURANCE?

Insurance coverage depends on the particular plan you chose when you signed up for insurance. The good news is, we do all the footwork for you. We get the details of your particular coverage before you even come in for the 1st visit, so you can be relaxed and focused on your treatment, rather than the costs involved. No surprises!

Less expensive and less invasive than IVF, it's normal to try several IUI cycles before IVF.

# TREATMENT OPTION: IVF

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## WHAT IS IN VITRO FERTILIZATION (IVF)?

In vitro fertilization (IVF) is a method of assisted reproduction that involves combining an egg with sperm outside the body. If the egg fertilizes and begins cell division, 1-2 of the resulting embryos are transferred into the woman's uterus. IVF bypasses the fallopian tubes.

## WHAT'S INVOLVED?

IVF is a three-part process consisting of 1st, egg retrieval from a female donor or patient's ovaries; 2nd, fertilization and incubation inside our lab; 3rd, transfer of embryo into the female patient's uterus where it will hopefully implant in the uterine lining and develop.

## WHAT ARE MY CHANCES AT SUCCESS?

Many factors affect your particular chances at success. But, to gain some perspective, consider the national average for IVF resulting in pregnancy is about 36% per cycle. The good news is Morgan Fertility IVF rates are well above the national average.

## WHAT ABOUT INSURANCE?

Our Financial Coordinator will quality spend time with you to review costs, insurance coverage and any available discount programs, financing and payment plans available to help limit out-of-pocket expenses so you will be able to plan for multiple cycles if necessary.

IVF offers the very best chance at successfully becoming pregnant.



SUCCESS

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A consultation is not a commitment.  
Don't delay getting the answers you deserve any  
longer.



## LOCATIONS

475 Highway 70 West  
Suite 201  
Lakewood, NJ

200 Perrine Road  
Suite 229  
Old Bridge, NJ  
08857

CALL: (732) 853-1809

CALL FOR AN  
IMMEDIATE  
CONSULTATION

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